

Camp Kid Power is an intensive therapy program set in a summer camp environment, designed for children aged 3 to 12 years who have various neuromotor diagnoses that result in balance, strength, and coordination difficulties. Occupational and physical therapists blend concepts from bimanual intensive therapy, motor learning, self-regulation/sensory integration, child development (including social and emotional), caregiver education, and child development all within an **fun and playful camp experience**.

At Camp Kid Power, each camper's **individual functional goals** (as determined by family, client, and therapist) are incorporated into the daily camp schedule. Throughout the camp, children engage in customized bimanual activities, dressing tasks, simple meal preparation, basic self-care routines, as well as obstacle courses, messy play and themed crafts. **All activities are designed to be motivating, playful and present "the just right challenge" to promote meaningful participation** (an essential ingredient to lasting fast progress).

Additionally, caregiver training sessions are conducted to introduce and review essential concepts of skill acquisition and address parents' questions. If your child has a more involved side, families can participate in an optional modified CIMT home program prior to camp that includes the use of constraints to encourage the use of the affected hand.

FOR MORE INFORMATION ABOUT CAMP KIDPOWER OR OTHER PERSONALIZED INTENSTIVES OPTIONS, PLEASE EMAIL US AT JESSIE@KIDNECTIVITY.ORG.

