

# Arms in Action Camp

**Arms in Action** is an intensive summer therapy camp for children with hemiplegia ages 4 to 7 years old. The camp, led by occupational and physical therapists, will use principles of modified constraint induced movement therapy, bimanual intensive training, and caregiver education in a playful, engaging and fun group setting.

**Arms in Action** incorporates each camper and their family's unique functional goals into the daily camp schedule. Children will participate in activities using their weaker arm, as well as bimanual activities that will promote the functional use of their upper extremities to meet family goals. Children will engage in self-care activities and prepare snacks every day. Each camper will be met at their level to build on success and skill. Throughout the camp, caregiver training sessions will be provided to introduce and go over the fundamentals of hemiplegia, address parent concerns and provide home carry over activities.

**Dates:** August 7-25, 2023

**Location:** Abilities in Action  
166 Patterson Avenue, Suite 8  
Shrewsbury, NJ 07702  
(732) 842-6600

**Times:** Mondays, Tuesdays, Thursdays and Fridays 10am-1pm  
Wednesdays 9am-12pm

**Size:** 4-6 children

If your child is not a patient at Abilities in Action, please note that a screening call with a clinician from Abilities in Action is required prior to registration to ensure that camp is the right fit for your child therapeutically. Please call our office to schedule a screening call or to inquire about pricing.

