



# Constraint-Induced Movement Therapy

Powerhouse Therapy | phone 404.933.9869 | email info@constrainttherapy.com |

## Hope Through Movement

Constraint-Induced Movement Therapy, or CI Therapy, is a family of treatments that teach the brain to “rewire” itself. This allows children to increase use in their affected arm/hand. CI Therapy is effective in children who have limited use of one side of their body due to diagnoses such as:

- \* **Cerebral Palsy**
- \* **Stroke**
- \* **Head Injury**
- \* **Hemispherectomy**
- \* **Brachial Plexus Injury**



## HOW?

Each child is evaluated to determine individual goals. A removable fiberglass cast is made for the child to wear on the less affected side 24 hours daily for 3 weeks. Week 4 will focus on bimanual skill training. Therapy sessions are 3 hrs a day / 5 days a week. Children will participate in activities to achieve their specific goals such as:

- \* **Use of arm, hand and fingers**
- \* **Daily living skills such as dressing, feeding, school activities etc.**
- \* **Strength**
- \* **Coordination**
- \* **Self confidence**
- \* **Motivation**

Through extensive training from noted specialist, Dr. Edward Taub, our CI Therapy program is aimed at making improvements in both the quality of movement and amount of use of the affected arm and hand in daily living activities.

**Children are scheduled for 3 or 4-weeks of Individual Intensive Therapy or are eligible for a 2-week brush-up.**



**We are introducing our new Lower Extremity CIMT program for the first time for summer 2021**

Call 404-933-9869 to see if your child qualifies for this new program





# Who?

*Hope Through Movement*

## When?

*Individual therapy is scheduled throughout the year*

### Summer sessions 2021

June 2nd-30th  
Johns Creek, GA

July 5th-23th  
Roswell, GA

### New Lower Extremity Program

July 7th-25th  
Johns Creek, GA

**Call or email for more information**

Phone: 404-933-9869

info@constrainttherapy.com

www.constrainttherapy.com



Follow Powerhouse Therapy on Facebook

**The Staff:** Individual therapy is provided by occupational therapists who have received specialized training in CI Therapy as well as years of experience working with children.

**The Children:** Those who benefit most from this program are children who have limited use of one side of their body,



age 1-16, and maintain attention for a few minutes at a time. Goals are more easily attained for children who have some use of their affected arm and hand at the beginning of the program.

### The Family:

Family member/caregivers participate in the individual program by attending therapy sessions to learn how to transfer their child's new skills into the real world environment.

